SS 505 AP Psychology Module 28 Notes

**28-1 How might Skinner’s operant conditioning principles be applied at school, in sports, at work, at home, and for self-improvement?**

At school –

At work –

At work –

For Self-improvement –

**28-2 How does operant conditioning differ from classical conditioning?**

**MC Questions, pg 274**

1.\_\_\_\_\_\_

2. \_\_\_\_\_\_

3. \_\_\_\_\_\_

4. \_\_\_\_\_\_

5. \_\_\_\_\_\_

SS 505 AP Psychology Module 29 Notes

**29-1 How do biological constraints affect classical and operant conditioning?**

Limits on Classical Conditioning—

Limits on Operant Conditioning—

**29-2 How do cognitive processes affect classical and operant conditioning?**

Latent Learning –

Insight Learning –

Intrinsic Learning –

Intrinsic Motivation/Extrinsic Motivation –

**29-3 In what two ways do people learn to cope with personal problems?**

Problem-focused coping –

Emotion-focused coping –

**29-4 How does a perceived lack of control affect people’s behavior and health?**

Learned helplessness –

Internal versus External Locus of Control –

Depleting and Strengthening self-control –